

Red Tennis Stage (3-8yrs)

Mini Tennis Red Beginners/ Improvers	4-8yrs	Monday	17:30 – 18:30
Mini Tennis Red Beginners/ Improvers	4-8yrs	Wednesday	17:30 – 18:30
Mini Tennis Red Beginners/Improvers	4-8yrs	Friday	17:00 – 18:00
Mini Red Tots	3-5yrs	Saturday	09:15 – 10:00
Mini Tennis Red Beginners/Improvers	4-8yrs	Saturday	10:00 – 11:00

Orange Tennis Stage (9-10yrs)

Mini Orange Beginners/ Improvers	9-10yrs	Monday	17:30 – 18:30
Mini Orange Improvers	9-10yrs	Wednesday	18:30 – 19:30
Mini Orange Beginners/Improvers	9-10yrs	Friday	18:00 – 19:00
Mini Orange Beginners/Improvers	9-10yrs	Saturday	10:00 – 11:00

Green Tennis Stage (10-11yrs)

Mini Green Improvers	9-11yrs	Wednesday	18:30 – 19:30
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Junior Squads (11yrs+)

Junior Beginners/ Improvers	11-16yrs	Wednesday	19:30-20:30
Junior Beginners/ Improvers	11-16yrs	Friday	19:00 – 20:00

Adult Coaching

Adult Beginners	Monday	18:30-19:30
Cardio Tennis	Monday	18:30-19:30
Adult Improvers	Tuesday	18:30-19:30
Adult Cardio Drills	Friday	07:45-8:45