

Red Tennis Stage (4-8yrs)

Mini Tennis Red	4-8yrs	Sunday	09:00 – 10:00
Mini Tennis Red	4-8yrs	Tuesday	16:00- 17:00
Mini Tennis Red	4-8yrs	Friday	16:00-17:00

Orange Tennis Stage (9-10yrs)

Mini Tennis Orange	9-11yrs	Sunday	10:00 – 11:00
Mini Tennis Orange & Green	9-11yrs	Tuesday	17:00- 18:00
Mini Tennis Orange & Green	9-11yrs	Friday	17:00-18:00

Green Tennis Stage (10-11yrs)

Mini Tennis Green	10-11yrs	Sunday	10:00 – 11:00
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Junior Squads (11yrs+)

Junior Squad	11+	Tuesday	18:00-19:00
Junior Squad	11+	Friday	18:00 – 19:00

Adult Coaching

Adult Beginners / Improvers	Sunday	11:00-12:00
Adult Drills	Tuesday	19:00-20:00
Cardio Drills	Friday	19:00-20:00