

Coaching Programme

Red Tennis Stage (4-8yrs)

Mini Tennis Red	4-8yrs	Monday	16:30-17:30
Mini Tennis Red	4-8yrs	Saturday	09:00-10:00

Orange Tennis Stage (9-10yrs)

Mini Tennis Orange	9-10yrs	Monday	17:30-18:30
Mini Tennis Orange	9-10yrs	Thursday	17:00-18:00
Mini Tennis Orange	9-10yrs	Saturday	10:00-11:00

Green Tennis Stage (10-11yrs)

Mini Tennis Green	9-11yrs	Monday	17:30-18:30
Mini Tennis Green	9-11yrs	Thursday	17:00-18:00
Mini Tennis Green	9-11yrs	Saturday	10:00-11:00

Junior Squads (11yrs+)

Junior Squad	11yrs+	Thursday	18:00-19:00
Junior Squad	11yrs+	Saturday	11:00-12:00

Adult Coaching

Ladies Coaching	Tuesday	10:00-11:00
Adult Beginners	Thursday	19:30-20:30

Family Time

Family Time	Saturday	15:00-16:30
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